

613-623-7962  
ext. 293



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***Recognized for exemplary care - Making your health our priority***

## Keeping Care Close to Home

ADMH Corporation is committed to keeping care close to home. We have programs, services and clinics available to members of our community and encourage you to find out more about them.

The Day Program at the Grove runs on Tuesday, Wednesday and Friday. The cost per day is \$5 and is open to members of the community including those who have Alzheimer's and/or dementia. Audrey Edwards, who coordinates the program, can be reached at 613-623-6547 x229

The Ontario Breast Screening Program (OBSP) provides screening without a doctor's referral to any women between 50-70. To make an appointment please call 613-623-7962 x 359. Clinics run on Monday.

ADMH has four telemedicine program; teleDermatology, telePsychiatry, teleParkinson and the recently added teleEdocrinology . The appointment takes place through videoconference, where both patient and doctor will see each other over a screen ( a nurse is present with the patient at all times). A referral from your health care professional is required for any of these clinics. If you have questions please contact Cheryl Dalbec, Telemedicine Coordinator at 613-623-7962 x297

Dr. Rob Taylor, a hematologist, has clinics specializing in blood disease. His expertise is with abnormalities in the blood cells and clotting. A referral from your doctor is needed.

Are you without a family doctor? There is a free service to help you locate one. Register on-line at [www.ontario.ca/healthcareconnect](http://www.ontario.ca/healthcareconnect) or by phone at 800-445-1822. Your information will then go to a nurse in the community who will help you find a doctor. We also have a new family doctor accepting patients in person in Rm. 157.

Have a few hours to spare? The Auxilliary needs volunteers to help out at ADMH, the Grove, the Opportunity Shop, the Sewing Program and the Gift Shop. Please contact Nives at 613-623-7962 x222. The Auxilliary is one of the largest contributors to the Partners in Caring Foundation (the charitable arm of ADMH and the Grove). Their efforts combined with third party events run by members of the community allow us to purchase much needed medical equipment.